

CITY OF YANKTON
Department of Parks and Recreation
Co-ed Summer Sand Volleyball Rules

1. All league matches will be played at Memorial Park volleyball courts. The Coed Sand Volleyball League will play on Wednesday evenings.
2. Teams are composed of six players. Five players may start a match (4 players or less is a forfeit unless approved by the opposing team - if the opposing team agrees to play, the results of the game will count as on official game). Failure to have at least 5 players on the court no later than 5 minutes after the designated starting time will result in a forfeit of game 1 to the opposing team. If the situation doesn't change after an additional 5 minutes (or 10 minutes after the start time), the entire match will be a forfeit for the team that does not have enough players.
3. Teams cannot play with more men than women on a team in any combination – for example, you can play a game with 4 women and 2 men but cannot play with 4 men and 2 women or 3 men and 2 women. (4 men and 2 women or 3 men and 2 women is a forfeit unless approved by the opposing team - if the opposing team agrees to play, the results of the game will count as on official game).
4. Players may be added to vacant spots on your roster throughout the year. However, a player must play in at least 3 matches during the regular season to play during the tournament.
5. No player is allowed on more than one roster. Players are only allowed to play on one team and in one division during the entire duration of the season. Any team found playing with an illegal player shall forfeit the game.
6. If an illegal player competes in the tournament, the team will forfeit all games that the illegal player participated in.
7. Players must be 18 years of age and up, not enrolled in high school, and not participating in college athletics of the particular league.
8. Team captains must list on the score sheet only those team members that are present.
9. Teams flip a coin or Rock/Paper/Scissors for serve.
10. Individual may serve anywhere behind the end line.
11. Game is won when either team scores 21 points with a 2-point advantage and a cap at 25 points. All three games will be played for each match during the regular season. In the tournament, games will be the best out of 3 games played to 21 points, win by 2 with no scoring cap.
12. Forty-five minute blocks of time are scheduled for each game. Please have teams ready to play prior to the scheduled start time.
13. A ball touching any part of the boundary line is good.
14. All city league volleyball matches will be played with the current National Federation of State High School Association rules. Please discuss any questions you have regarding the current high school rules with the official before the match. The following rule is specific to the Adult Coed Volleyball Leagues.
 - a) When the ball is played more than once by a team, at least one of the contacts shall be made by a female player, but there is **no** restriction preventing all three hits to be made by female players.
15. Teams with more than 6 players may rotate in the middle back position (abiding by the girl/guy ratios) or can rotate according to NFSHSA rules.
16. The referee shall direct a play-over if they cannot make a good call on a certain play.
17. There will be **NO** rescheduled games. A match not played will be considered a forfeit. If a team can not make a game, they must contact the opposing team captain and also contact the

Department of Parks and Recreation at least 48 hours before their scheduled match – this is a courtesy rule.

18. Matches will be cancelled due to weather. If this occurs more than twice for the season, we will reevaluate the location of games due to weather. Follow us on our Facebook Page Yankton Parks and Rec. for any changes.
19. Completed rosters and league fees must be returned to the Summit Activities Center by April 26. League play will start on Wednesday, May 22.
20. Adult rec leagues are to be centered around fun and recreation for individuals ages 18 and up. As you participate in rec leagues, please be mindful of the purpose of leagues; FUN and RECREATION. These leagues are not a Final Four, World Series, Super Bowl, or Olympic event, and have no monetary or life altering after effects for you or your team whether you win or lose, so enjoy the sport and please keep perspective. Our part time refs/umps ARE doing their best job, so please understand things will not be called perfectly all the time, which is no different than professional athletics. Finding refs is not an easy task, so please do not harass, condemn, or argue with them. Engaging in these behaviors will impact you and your teams participation in leagues moving forward. The City of Yankton is happy to provide adult league opportunities, and will continue to do so as long as the leagues are successful.